

CalFresh

CalFresh, also known as the Supplemental Nutrition Assistance Program (SNAP), helps Californians buy groceries. Recipients receive an Electronic Benefit Transfer (EBT) card that is automatically updated each month. The EBT card is used like a debit card to buy most foods at authorized markets and food stores.



DOCUMENTS YOU MAY NEED TO APPLY FOR



IDENTITY

- Driver's license or California ID card
- Social Security card, or Proof of application
- Proof of immigration status
- Birth certificate
- Voter registration card
- School records
- U.S. passport



INCOME & RESOURCES

- Paycheck from the last 4 weeks
- Last year's tax return
- Current bank statement
- Any statement of financial earnings (ex: retirement plans, child support, financial aid, gambling/award money)



RESIDENCE

- Utility Bill
- Lease or statement from landlord
- Property tax statement
- Property insurance statement
- Mortgage receipt



IF 60+ YEARS OR PERMANENTLY DISABLED:

- Medi-Cal billing statement
- Itemized receipts



CHILDCARE RECEIPTS:

- Amount
- Date paid
- Name of person care was for
- Signature of provider + date



2025-2026 CalFresh Income & Eligibility Limits

Effective October 1, 2025 - September 30, 2026

Monthly Income Limits

People in Household	Gross Monthly Income	Net Monthly Income
1	\$2,610	\$1,305
2	\$3,526	\$1,763
3	\$4,442	\$2,221
4	\$5,360	\$2,680
5	\$6,276	\$3,138
6	\$7,192	\$3,596
7	\$8,110	\$4,055
8	\$9,026	\$4,513
Each Additional Member	+\$918	+\$459

Maximum Monthly Allotment

People in Household	Maximum CalFresh Allotment
1	\$298
2	\$546
3	\$785
4	\$994
5	\$1,183
6	\$1,421
7	\$1,571
8	\$1,789
Each Additional Member	+\$218

What if I can't get the documents?

Tell your case worker during your interview. CalFresh will generally accept a sworn statement as a last resort.

To qualify, AT LEAST ONE PERSON in the household must:

- Have citizenship
- Have a green card
- Have refugee status, asylum, or parolee status
- Have, or is applying for, a U-Visa or T-Visa
- Be a Cuban or Haitian entrant
- Applicant for VAWA relief

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