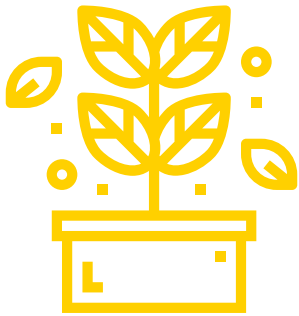


# NATURE AT HOME

Experience nature in the safety of your own home. These are some fun ways to bring the outdoors indoors!

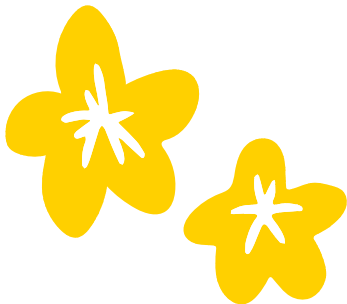


## Create an indoor herb garden

Herbs can be easily grown inside by learning different plants' needs and make for a fun project! Here are some helpful tips to get you started on your garden: <https://howtoculinaryherbgarden.com/indoor-herb-garden/>

## Create a nature-themed playlist

Find some nature-inspired soundscapes to play during the day to make yourself feel like you're outdoors. Check out [www.calmsound.com](http://www.calmsound.com) to find a variety of nature sounds!



## Create nature-inspired art

Incorporate nature elements into an art piece to showcase around your home. Find some inspiration on Etsy or Pinterest, like dry pressing flowers and leaves!



Please be sure to sign the petition to protect the San Gabriel Mountains and submit a testimonial at: [www.apifm.org/protect](http://www.apifm.org/protect)

