



MAKE YOUR VOICE HEARD

- Ask people not to smoke around you.
- Ask your favorite restaurant or coffee shop to make the patio smoke-free
- Let them know how the smoke affects you and your family.

GET INVOLVED

You can support local organizations working to reduce secondhand smoke in your community.

Find local events and contact information for your county's tobacco control program:
www.tobaccofreeca.org

Find opportunities to get involved in national programs or volunteer locally:
www.lung.org/get-involved

RESOURCES

WANT TO QUIT?

California Smokers' Helpline
1-800-662-8887
www.nobutts.org

Smokefree.gov
<https://smokefree.gov>

CONTACT

FOR MORE INFO,

please contact Clarissa at
clarissa@apifm.org



ASIAN PACIFIC ISLANDER
FORWARD MOVEMENT

apifm.org
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SMOKE-FREE OUTDOOR DINING

BENEFITS

LEARN HOW YOU CAN
MAKE A DIFFERENCE



SECONDHAND SMOKE

WHAT IS SHS?

Secondhand smoke is the smoke from the burning end of a cigarette, hookah, cigar, or pipe plus the smoke exhaled by the smoker.

The EPA classifies secondhand smoke as a cancer-causing agent that increases your risk of lung cancer, heart disease, and stroke.

Research shows that even outdoors, you can be exposed to a high level of secondhand smoke, if someone is smoking nearby.



BENEFITS OF SMOKE-FREE OUTDOOR DINING

- Patrons will be healthier and happier breathing clean, smoke-free air while they eat.
- Restaurant employees will be healthier when they don't have to breathe secondhand smoke at work.
- There will be less tobacco litter to clean up.

DID YOU KNOW?

According to the 2018 California Adult Tobacco Survey, 84% of Californians, including 66% of smokers, prefer dining in smoke-free restaurants that have outdoor dining areas.

WHAT IS THE LAW IN CALIFORNIA?

The Smoke-free Workplace Law prohibits smoking cigarettes, hookah, and e-cigarettes, in all enclosed workplaces, including restaurants and bars.

Many cities, counties, and recreational areas in California have adopted smoke-free outdoor dining and bar patio laws. To see if your community is on the list, visit:

<http://tobaccofreeca.com/secondhand-smoke/in-restaurants/>