

CalFresh Eligibility

QUICK GUIDE



CalFresh, also known as Supplemental Nutrition Assistance Program (SNAP), is a federally-funded nutrition program that can help Californians buy healthy foods. CalFresh participants receive money on an Electronic Benefit Transfer (EBT) card that is automatically loaded on a monthly basis. The EBT card can be used like a debit card to buy most foods at authorized markets and food stores.

Sign up online at
GETCALFRESH.ORG

YOUR HOUSEHOLD MAY BE ELIGIBLE IF:

- Your monthly income falls under guidelines (see chart on right)
 - "Gross monthly income" = amount on paystub
 - Members 60+ years old and/or disabled should look at "Net Monthly Income"
- A member receives SSI/SSP, CalWORKS, or General Relief

Guidelines Oct 1, 2020 to Sept 30, 2021

Household Size	Gross Monthly Income	Net Monthly Income
1	\$2,128	\$1,064
2	\$2,874	\$1,437
3	\$3,620	\$1,810
4	\$4,368	\$2,184
5	\$5,114	\$2,557

IMPORTANT INFORMATION FOR IMMIGRANTS:

To qualify, AT LEAST ONE PERSON in the household must:

- Have citizenship
- Have a green card
- Have refugee status, asylum, or parolee status
- Have, or is applying for, a U-Visa or T-Visa
- Be a Cuban or Haitian entrant

An INDIVIDUAL is NOT eligible for CalFresh if they:

- Are here on a student, work, or tourist visa
- Are here under DACA
- Are here under TPS, unless you meet the other qualifying factors
- Are undocumented

If you have any questions, please refer to the Protecting Immigrant Families (PIF) online guides for vulnerable immigrants and public programs at protectingimmigrantfamilies.org. If you identify as Asian American and/or Pacific Islander, please visit www.apifm.org for more information and resources.